

Reopening & a New Office

I hope this newsletter finds you healthy and active. It's been such a long time since I have seen you and I am missing my opportunities to join you on your healthy healing journeys.

21-Day Purification Cleanse Group via Zoom

I have been sheltering in place for the last 3 months. I have continued to consult over the phone, order herbs and supplements, and I have just completed my first zoom 21 Day Purification Cleanse Group. The Cleanse group was fantastic, and I have to applaud this group for taking up the challenge of doing a cleanse during this stressful time. They were awesome. I will offer cleanses via Zoom in the future as it made it so easy for people all over the country to join and participate in the group.

New Office Space

In addition, I am looking at new office space that will make me feel safe and have the best chance of keeping you safe when you choose to see me in person. Something on the ground floor is my preference to avoid the steps of my prior office. I am actively looking at office space in the same general location where I have been practicing for over 30 years. For me I need to have a space that I can keep as clean and safe as possible for both you and me. I have been thinking about this a lot and discussing safety protocols with my like-minded colleagues. I will follow the CDC guidelines and other health department recommended safety protocols until conditions change during the new normal imposed by the Covid-19 pandemic.

Rules for in Person Visits

First of all, I will not be able to see anyone who is ill, and I will take each person's temperature on arrival. Everyone needs to wear a mask. I will personally take a Covid-19 test before I go back to work. There are free tests sites all over the Bay Area or you can do it through your doctor and insurance.

I will only be able to see one person at a time and I will need time to disinfect surfaces between each patient. That will make for long days and I will need everyone to be on time and leave on time. I have always enjoyed a leisurely pace but it is clear to me if I am going to make a go of this financially I will have to be careful with my timing. I will ask you not to come to my door before I have a conversation with you from your car after you park. We can do most of your check in from a safe distance, and when you come into the office, we will go directly into the treatment room, after hand washing, and onto the table. I will take your pulse and look at your tongue, place the needles at the appropriate points, and then leave you so that our contact in a small space is brief.

I'm thinking that I will want you to bring your own blanket and possibly a pillow, as I won't have individual ones that I have to launder after each patient. I will launder all sheets after each use. I think those are enough details for now, and I know I will have other protocols as we move forward with reopening my practice. Please let me know, if there other procedures that would make you feel safe? I miss you all so much and look forward to seeing you soon.

In Health,

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